KEARSLEY WEST PE

School PE Programme for the year!

NURSERY

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
• I can climb onto furniture. I can walk upstairs with my hand held. I can run but sometimes fall. I can squat to pick up toys. • I can put my coat on by myself the way my teacher has shown me • I can respond and move to rhythm and music. • I can ride a 3 wheel scooter	• I can carry large toys. • I can kick a ball. • I can stand on one foot with support. • I can use my feet to scoot along on a trike. • I can negotiate space and objects. I can run safely on my whole foot • I can walk upstairs or downstairs holding onto a rail, two feet on a step. • I can make simple models using construction toys. • Use large-muscle movements to wave flags and streamers, paint and make marks. • I can ride a 2 wheel scooter	• Match their developing physical skills to tasks and activities in the setting. • Choose the right resources to carry out their own plan • Collaborate with others to manage large items, such as moving a long plank safely, carrying large hollow blocks • I can use a five finger grasp and pincer grip. • I can ride a balance bike	• Go up steps and stairs, or climb up apparatus, using alternate feet. • Stand on one leg and hold a pose for a game like musical statues. • Squat and stand up • I can stand momentarily on one foot when shown • I can ride a balance bike and glide .	• Are increasingly able to use and remember sequences and patterns of movements which are related to music and rhythm. • I can make connections between my movement and the marks I make.	• I can catch a large ball. • I can run skilfully and negotiate space successfully, adjusting speed or direction to avoid obstacles. • Skip, jump and hop confidently • I can ride a bike without stabilisers

RECEPTION

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Send & Receive	**Dance**	**Gymnastics**	**ABC**	**Attack & Defend**	**Athletics**
• I can move freely and with pleasure and confidence in a range of ways. • I can hop. • I can show increasing control over an object in pushing, patting, throwing, catching or kicking it. • I can develop accuracy when throwing to a target.	• I have revise and refined the fundamental movement skills they have already acquired: - rolling - crawling - walking - jumping - running - hopping - skipping – climbing. • I can create short sequences using shapes, balances and travelling actions. • I can combine different movements with	• I can travel with confidence and skill around, under, over and through balancing and climbing equipment. • I can jump and land safely from a height • I can explore traveling around, over and through apparatus	• I can stand momentarily on one foot when shown • I can catch a large ball • I can move and stop safely. • I can follow a path and take turns. • I can jump • I can run skilfully and negotiate space successfully, adjusting speed or direction to avoid obstacles.	• I can throw and catch with a partner. • I can kick a ball to a target. • I can dribble a ball using my feet. • I can develop accuracy when throwing to a target. • I have developed confidence, competence, precision and accuracy when engaging in activities that involve a ball.	• I can follow instructions and move safely when playing tagging games • I can learn to play against an opponent • To play by the rules and develop coordination • I have further developed and refined a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming



KW PE Ambassadors:
Rubie and Scarlett (Y6)
Charlie and George (Y5)
Isla and Ethan (Y4)

The Spring term will see the swimming pool return!

Last year, 97% of our Y6 cohort were able to swim a distance of at least 25m confidently!





REES SPORTS - TUESDAY

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic/Skill	**ABC**	**Fielding & Striking**	**Gymnastics**	**SAQ (KS1) Send & Receive (KS2)**	**Attack & Defend**	**Athletics**
Nursery						
Reception						
Year 1	Hockey	Cricket	Gymnastics	Benchball	Dodgeball	Athletics
Year 2	Hockey	Cricket	Gymnastics	Benchball	Dodgeball	Athletics
Year 3	Hockey	Cricket	Gymnastics	Rounders	Netball	Athletics
Year 4	Hockey	Cricket	Gymnastics	Rounders	Netball	Athletics
Year 5	Hockey	Cricket	Gymnastics	Tennis	Netball	Athletics
Year 6	Hockey	Cricket	Gymnastics	Tennis	Netball	Athletics

KEY PE - FRIDAY

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic/Skill	**ABC**	**Dance**	**Gymnastics**	**SAQ (KS1) Send & Receive (KS2)**	**Attack & Defend**	**Athletics**
Reception	See Reception overview.					
Year 1	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics
Year 2	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics
Year 3	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics
Year 4	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics
Year 5	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics
Year 6	Basketball	Dance	Gymnastics	Rugby	Boxing/Fencing	Athletics

KEARSLEY WEST PE

Farnworth Schools Cluster Programme 2024-25



EXCEL:
Events for children who have been identified as greater depth in this area of sport.
Competition focus.

ASPIRE:
Events for children who have shown an interest in this sport.
Competition focus.

FESTIVALS:
For all children but there is no competition to it. It's more about having a try at a new sport/activity

AUTUMN TERM				
EVENT	**SPORT**	**DATE**	**WHERE**	**YEAR?**
Festival	Tag rugby	18.09.24	St Johns	Y5/6
EXCEL	5-a-side football	02.10.24	OLOL	Y3/4
ASPIRE	Multi-skills	16.10.24	Highfield	Y1/2
FESTIVAL	Curling	06.11.24	Cherry Tree	Y1/2
EXCEL	5-a-side football	20.11.24	All Saints	Y5/6
ASPIRE	Benchball	27.11.24	St Gregs	Y1/2

SPRING TERM				
EVENT	**SPORT**	**DATE**	**WHERE**	**YEAR?**
EXCEL	Netball	15.01.25	St Gregs	Y5/6
ASPIRE	Boccia	29.01.25	Cherry Tree	Y3/4
ASPIRE	Dodgeball	12.02.25	St Peters	Y3/4
FESTIVAL	Tri-gold	05.03.25	Cherry Tree	Y5/6
EXCEL	Cross Country	19.03.25	St James	Y3-6
Festival	5-a-side football	02.04.25	Queens bridge	Y1/2

SUMMER TERM				
EVENT	**SPORT**	**DATE**	**WHERE**	**YEAR?**
ASPIRE	Cricket	21.05.25	All Saints	Y5/6
Festival	Archery	18.06.25	Cherry Tree	Y5/6
EXCEL	Rounders	25.06.25	The Ferns	Y5/6
EXCEL	Athletics	02.07.25	Kearsley West	Y3-6

OUR AIM:
To ensure more children at Kearsley West are given opportunities to play in Sport events in the wider community to promote healthy leaders, communication and a love for sport.



